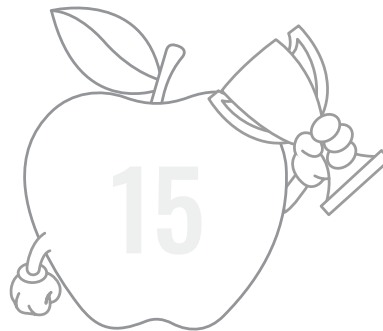
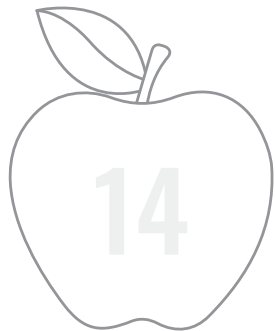
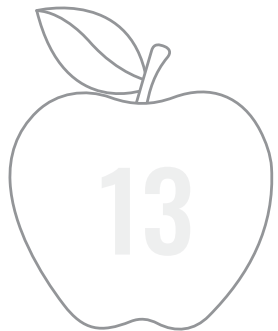
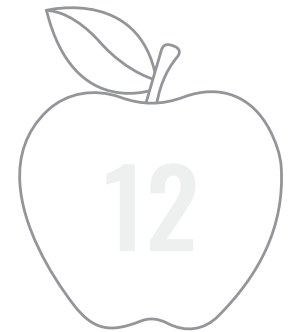
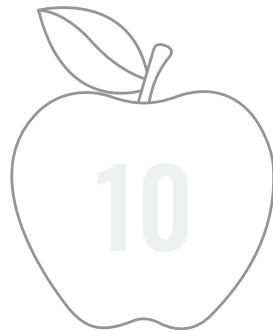
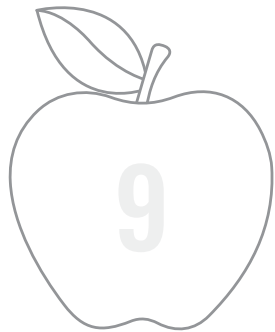
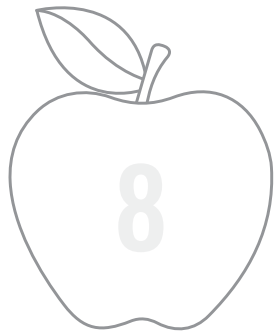
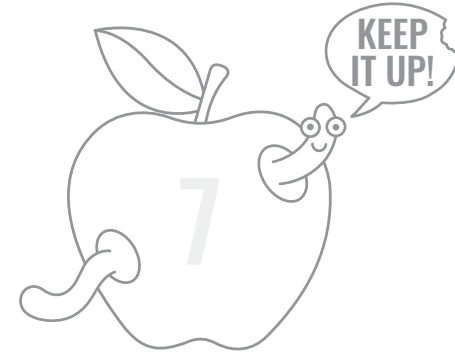
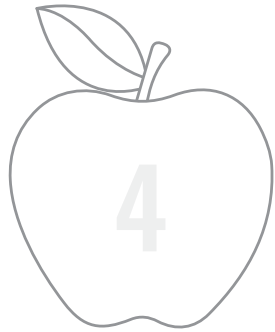
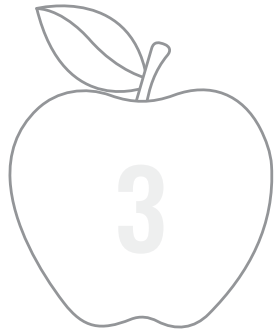
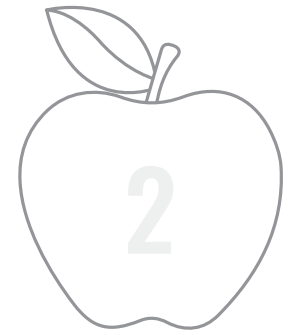




**RACE AT  
YOUR PACE**

# 15 MILE SEPTEMBER TRACKER

Colour in the apples to keep track of your race progress!



**WELL DONE!  
YOU'VE DONE IT!**